

MEMORANDUM FOR: Parents/Guardians of Nathan F. Twining Elementary/Middle School students  
FROM: Airman and Family Services Flight  
SUBJECT: Child and Youth Behavioral Military & Family Life Counselor (CYB-MFLC)

1. Due to the unique challenges faced by military families, particularly during this time of war, the Department of Defense is providing professional licensed counseling staff to provide non-medical counseling services to Service members and their families, children and staff of Twining Elementary/Middle School. This letter is to inform you about the Child and Youth Behavioral Military & Family Life Counselor (CYB-MFLC) Program.
2. With the exception of mandatory state, federal, and military reporting requirements (i.e., domestic violence, child abuse, and duty to warn situations) MFLC support is private and confidential to encourage the widest level of participation.
3. The CYB-MFLCs are available to provide non-medical support to faculty, staff, parents, and children for issues amenable to short-term problem resolution such as school adjustment issues, deployment and reunion adjustments, and parent-child communications. In his/her role as a counselor, he/she is available to:
  - Observe, participate, and engage in activities with children and youth
  - Outreach to parents
  - Facilitate deployment groups at the school
  - Conduct trainings for staff and parents
  - Recommend referrals to military social services and other local resources as needed
4. Subject areas may include, but are not limited to the following:
  - Communication
  - Resolving conflicts techniques
  - Managing anger
  - Bullying
  - Self-esteem/self-confidence
  - Behavioral management
  - Sibling/parental relationships
  - Deployment and reintegration issues
5. The counselor may also work with children in settings such as field trips and other school sponsored activities where he/she is available to talk to the children, facilitate group activities and be involved in such a way as to enhance the children's experiences.
6. The counselor is available to accommodate appointments and meetings/activities after hours and on the weekend with advance notice.
7. Please note the following rule that our counselor must abide by:
  - At no time will the counselor meet individually with a child without being in line of sight of a school employee or their parent/guardian.
8. The school is very excited to offer the Child and Youth Behavioral Military & Family Life Counselor program; a confidential program which is offered at no cost. If you have questions regarding this support offering, please feel free to call: Kelly Painter, School Liaison Officer (SLO) at 701-747-4484 or the MFLC at 701-213-9592. If you would like a call from the MFLC, please initial here\_\_\_\_\_.

Please complete the permission section below and return to the school.

I acknowledge that a CYB-MFLC is available and **authorize** my child, \_\_\_\_\_, to receive CYB-MFLC support.

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**PARENT OR GUARDIAN SIGNATURE**

I acknowledge that a CYB-MFLC is available and **DO NOT authorize** my child, \_\_\_\_\_, to receive CYB-MFLC support.

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**PARENT OR GUARDIAN SIGNATURE**